



At North Ridge Center, we believe that every resident deserves to maintain their independence, dignity, and quality of life—while knowing that compassionate, dependable support is always close by. Nestled at the base of Shade Mountain, our personal care home offers a comforting, home-like environment where your loved one will be treated like family.

We serve as a cost-effective alternative to traditional nursing home care, offering a caring community where each resident receives individual attention and a customized care plan. Whether your loved one needs help with daily tasks or just wants to enjoy the company of others in a safe and welcoming setting, we're here to help.

Our team is committed to providing the highest standard of personal care in a warm and respectful environment. We invite you to come visit and see the North Ridge difference for yourself.





What Makes Life at North Ridge So Special?

- **Comfort and Privacy:** Each resident enjoys a private room with a private bath, personal climate control, and access to cable TV and telephone.
- **Delicious, Home-Cooked Meals:** Served “family style” three times daily, plus snacks—with accommodations for special physician-ordered diets.
- **Personalized Care:** Assistance with medication, personal hygiene, and health monitoring based on individual needs. Our certified staff is trained in diabetic care, CHF protocols, and medication management.
- **Around-the-Clock Staffing:** 24/7 safety and support for peace of mind.
- **Daily Housekeeping and Laundry:** We keep living spaces fresh and comfortable so residents can relax and enjoy their day.
- **Vibrant Social Life:** A dynamic calendar of activities, regular outings, and seasonal family events to keep residents engaged and connected.
- **On-Site Amenities:** Beauty and barber salon services, podiatry care, and more—all available right at home.

Daily Schedule Includes:

Breakfast at 8:00 AM

Lunch at 12:00 PM

Dinner at 5:30 PM

Evening Snack at 8:00 PM



North Ridge Center partners with SPARTAN Longterm Care Solutions (LTC). This service brings outstanding medical care to our home. See below for more information about the service.

Welcome to **SPARTAN Longterm Care Solutions (LTC)**.

The Spartan LTC team is a dedicated group of 30 providers, comprised of top-notch physicians, physician assistants and nurse practitioners.

Our mission (what we do) is to **provide cutting-edge medical care to long-term care facilities and residents through technology, evidence-based practices and compassion.**

Our vision (our future) is to **become a national leader in medical care through care algorithms and use of technology to benefit our patients.**

Within my Primary Care Practice, we have the opportunity to care for a diverse population of patients. We provide care to patients in Skilled Nursing Facilities, Assisted Living Facilities and Personal Care Homes. While providing residents with the high level of care and attention needed, we realized that there was a unique opportunity to help not only improve patient care, but to also help facilities with expanded services (e.g. nocturnal call, scheduled provider visits, wellness programs and palliative care). Spartan LTC was born out of that realization.

We work closely with the administrators of your facility. With their approval, you will soon have access to our entire team of medical professionals in the convenience of your own room. Depending on your insurance, you can maintain the care of your regular primary care doctor, but also utilize our providers for regular checkups, urgent needs, medications and answering of family questions.

The Spartan LTC program encompasses a number of programs that allow us to better care for patients with increased visits, nurse interaction, and involvement with the care plan to provide customized care for each patient. When looking at the responsibilities of a medical director, we identified a number of critical factors interwoven with that responsibility:

- **Physician accessibility**
- **Nocturnal call, including Weekends & Holidays**
- **Understanding quality improvement measures**
- **Consistent care protocols**

Like most things in healthcare today, we utilize technology, tele-medicine, diagnostic tools and a defined clinical protocol. The key to the Spartan program, however, is the realization that it takes time, effort and staff to care for patients. We do this without adding to your bottom line. This is how we can help both patients and your facility.

We look forward to discussing how **SPARTAN LTC** can help manage your patient care!

Best Regards,

Brandon Rogers M.D., CEO



SPARTAN Longterm Care Solutions

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Sample Menu

North Ridge Center Personal Care Weekly Menu							
	6/1/25	6/2/25	6/3/25	6/4/25	6/5/25	6/6/25	6/7/25
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Cold Cereal Banana half Fruit Juice	Fruit & Yogurt Parfait Fruit Juice Toast	French Toast Sausage Links Fruit Juice	Bagel & Cream Cheese Bacon Fruit Juice	Cold Cereal Banana half Cinnamon Toast Fruit Juice	Egg Over Easy on Toast Orange Slices Fruit Juice	Blueberry Muffin Banana Half Fruit Juice
Lunch	Turkey w/gravy Mashed Potatoes Stuffing Corn Apple Pie	Grilled Hamburger Pasta Salad Corn on the Cob Strawberry Pretzel Salad	Beef Tips & Gravy over noodles California Medley Angel Food Cake	Salmon Loaf Cheesy Scallop Potatoes Cucumber/ Tomato salad Sherbert	Bacon cheddar Chicken Ranch Salad Applesauce Blueberry Buckle Cake	Ham, Greenbeans & Potatoes Fruity Ginger Ale Jello Homemade Banana Bread	Tuna Noodle Casserole 7 Layered Salad Sliced Red Beets Hot Fudge Sundae
Dinner	Ham & Cheese Sandwich Apple Slices w/ PB Pickle Spear chips	Italian Hoagie Fruit Cocktail Sun Chips	Breaded Shrimp French Fries Apple Sauce	BLT Mandarine oranges Mini Eclairs	Hot Dog Baked Beans Deviled Egg Cantaloupe	Turkey Sandwich Coleslaw Peaches	Popcorn Chicken Kraft Mac & Cheese Diced Peaches

Week 1

Sample Activities Calendar

NORTH RIDGE CENTER PERSONAL CARE						
June		2025				
<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1. Church w/ Cocolamus Mennonite	2. 9:30- FOOT SPA throughout the day	3. Hair Salon 9:30- Brain Game 1:30- Joyride & Ice Cream	4. 9:30- Exercise 10:00- Pastor Shoupe 1:30- Dominos	5. Hair Salon 9:30- BINGO 1:30- Doll Hospital "Foot Doctor @ 1 PM"	6. 9:30- Exercise Bingo 10:30- Lucky Dog 1:30- Bags	7. 9:30- Exercise 10:30- Window Boxes 1:30- Window Boxes (cont'd)
8. Church w/ Gary Kraybill "Neimonds Jr High- 6:15PM"	9. 9:30- Bible Study 10:00- Exercise 10:30- Abundant Blessings 1:30- Diary Day	10. Hair Salon 9:30- Clay Window Box Decor 1:30- Bible Study w/ Ron Landis	11. 9:30- Exercise 10:00- Cover All 1:30- Uno	12. Hair Salon 9:30- Flip Flop Days 1:30- Our Dads "Happy Birthday David"	13. 9:30- Hymns of Faith 1:30- BINGO	14. 9:30- Exercise 10:00- Name 3 1:30- Minnesota Golf "150" "Winner gets a prize"
15. Church w/ Clay M.	16. 9:30- Bible Study 10:00- Exercise 10:30- T or F 1:30- Roses	17. Hair Salon 9:30- Bathroom Organizer 1:30- Joyride & Ice Cream "Happy Birthday Carol"	18. 9:30- Exercise 10:00- Bowling 1:30- BNGO	19. Hair Salon 9:30- Candy Store 1:30- Eagle craft	20. 9:30- Meals on Wheels Community Project 1:30- Meals on Wheels (cont'd)	21. "North Ridge Family Picnic" 
22. Church w/ Barb & Will	23. 9:30- Bible Study 10:00- Exercise 10:30- Take Me Out To The Ballgame 1:30- BINGO "B. Men's Choir @ 6:30 PM"	24. Hair Salon 9:30- Mixed Media Art 1:30- Mixed Media Art (cont'd)	25. 9:30- Exercise 10:30- Matching Game 1:30- 4 th of July Craft	26. Hair Salon "OUTING" Walmart & Harshbergers	27. 9:30- Hymns of Faith 1:30- Outdoor Games	28. 9:30- Exercise 10:30- Charades 1:30- Balloon Volleyball
29. Church w/ Clay M.	30. 9:30- Bible Study 10:00- Exercise 10:30- Reminisce 1:30- Birthday Party					



Our facility has Free Wifi throughout the building and Television services available in each room.

Below is the Channel Guide for your reference.

Channel	Station
2	Community Channel
3	CBS - WHP
4	ABC - WHTM
5	NBC - WGAL
6	FOX - WPMT
7	PBS - WITF
8	CW - CW
9	FREEFORM
10	A&E
11	AMC
12	ANIMAL PLANET
13	HEADLINE NEWS
14	HALLMARK
15	DISCOVERY
16	HISTORY
17	TCM
18	RFD-TV
19	LIFETIME
20	NICKELODEON
21	TBS
22	TLC
23	TNT
24	TV LAND
25	USA
26	WEATHER
27	CNBC
28	GSN
29	LIFETIME MOVIES
30	ESPN
31	FOX SPORTS 1
32	BIG TEN
33	TRAVEL
34	INSPIRATION



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Application for Admission

The filing of this application does not constitute acceptance for residency. It is provided for purposes of information only.

Date _____

Name _____
first - middle - last

Sex – M or F (circle)

Date of birth _____

Address _____
street town state zip code

Telephone # _____

Contact Person _____ **Phone #** _____

Relationship to Applicant _____

Recent hospitalizations/ nursing home admissions: (list dates and reason for treatment)

Facility/Date - _____

Room type preferred – (please circle) single deluxe single double

Date of potential occupancy - _____



Financial status (specify all income and assets involving the applicant)

Regular monthly income: Social Security - _____
Retirement Pension - _____
Railroad Pension - _____
Veteran's Pension - _____
Other retirement annuity - _____
Interest - _____
Rental Income - _____
Other - _____

Cash Assets: regular checking account – _____
Money market checking – _____
Savings accounts – _____
Certificates of Deposit – _____

Real Estate: type - _____ current value - _____
type - _____ current value - _____
type - _____ current value - _____

Prepaid Burial Reserve – Y or N (please circle)

Financial Institution where held - _____
Dollar amount reserved - _____

Health Insurance Information – primary insurance - _____
policy number - _____

secondary insurance - _____
policy number - _____

Prescription Coverage - _____
name of company

Primary Care Physician - _____

Medical History/ Diagnosis - _____

Who has completed this application? _____

COMMENTS:



ADMISSION POLICY

Mission Statement:

To provide quality care and support, in a safe and secure environment, while preserving the privacy and dignity of the individual.

Purpose:

We are committed to providing quality housing, support services and personal care in a safe, secure assisted living environment that focuses on individual needs. Our goals include maintaining the privacy, respect and dignity of each senior resident. We use a holistic focus that encompasses the total needs of an individual, including; physical, emotional, mental and spiritual needs.

Who is eligible?

Men and women who are 65 years of age or over at the time the application is filed. In cases of special need, admission may be made at a younger age.

Policy Statement of Non-Discrimination in Admission and Services

It is the policy of North Ridge Center Personal Care to accept referrals, plan admissions, operate its facility and programs, and to provide care and services without regard to race, skin color, religion creed, disability, national origin (including limited English proficiency), ancestry, age, or sex.

I certify that I have read the admission policy statement of North Ridge Center Personal Care or have had it explained to me, and apply for admission with the understanding that these conditions will apply as a resident in the facility.

Applicant signature - _____

Date application received - _____